

# Effects of Aqueous Extract of *Bridelia ferruginea* Benth on the Kinetic of Water Overload Elimination in Normal Rat

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#### **Abstract**

The effects of an aqueous extract of Bridelia ferruginea stem-bark (SEA) have been evaluated on on the elimination of the water overlaod in male rat. The experiments were carried out under the same conditions with synthetic pharmacological diuretics (furosemide, hydrochlorothiazide, spironolactone). The parameter which was taken account during the experimentation was total urine volume. The aqueous extract of Bridelia ferruginea. 24 hours after its administration intraperitoneally in the rat, involves a significant (p<0.01) urine output compared to control. This study demonstrated a dose-dependent increase in diuresis in animal treated with Bridelia ferruginea extract. The effect of SEA tends toward those of furosemide. These results seem to justify its use in traditional medicine as diuretic.

**Keywords:** *Bridelia ferruginea*, pharmacological diuretic, Urinary excretion, Kinetic.

### 1. Introduction

In African cultural groups, traditional medicine is frequently used in the treatment of several pathologies. From the perspective of development to enhance the Pharmacopoeia, we undertook the pharmacological study of Bridelia ferruginea (Euphorbiaceae) which is a common savannah of genus Bridelia. Though present in the forest vegetation but it is commonly found in the savannah. The bark is dark grey, rough and even markedly scaly [1,2]. This plant is widely used in traditional African medicine in the treatment of arterial hypertension or as diuretic agents and purgative [3-5]. The aqueous extract of the stembark of this plant is used in herbal medicine as sedatives [6] and contains guinones, gallic and catechic tannins, alkaloids, sterols, polyterpenes, polyphenols, reducing compounds, flavonoids and saponosides [7]. According to Nene-bi et al. [8], the aqueous extract of Bridelia ferruginea provoked the hypotensive effect in the rabbit. In view of this, the aim of the present study was to investigate the effect of an aqueous extract of *Bridelia ferruginea* stem-bark on the elimination of the water overlaod.

#### 2. Materials and Methods

## 2.1 Plant material

The plant material of the present study, *Bridelia ferruginea* stem bark was obtained at market from Yopougon (Ivory Coast). These stem barks were identified by an expert, Professor Ake-Assi Laurent a botanist of the National Floristic Center of Ivory Coast (University of Cocody-Abidjan). A voucher specimen (herbarium No. 17148 of August 19, 1985) was retained in this center.

## 2.2 Preparation of the extract

The stem barks were dried in the shade at room temperature between 26 ° C and 30 ° C and powdered with a micro-crusher. The powder obtained (50 g) was macerated for 24 hours in a 1 liter of distilled water using magnetic stirrer. The supernatant was filtered with Whatman No 1 filter paper and it was evaporated using rotating evaporator. The solvent was completely removed under reduced pressure to obtain a dry mass. The aqueous extract of *Bridelia ferruginea* stem-bark (SEA) obtained was stored at -5 ° C. The concentrations to be tested were prepared extemporaneously by dilution in saline solution at the dose of 9 ‰.

#### 2.3 Animals

Male Wistar rats (Rattus norgevicus) weighting 150-200 g were used. Animals of the same treatment group were housed in a temperature (26 ± 4°C) and humidity (60 %) controlled room using a 12/24 hours cycle. They were bred in animal house of UFR (Animal Physiology Biosciences laboratory, University of Cocody-Abidjan) and had access to food and water ad libitum. The tests were performed only after rats had acclimated to the above environment. All procedures were approved by University of Cocody-Abidjan ethical committee and in accordance with the national government accepted principles for laboratory animal.

## 2.4 Diuretic activity

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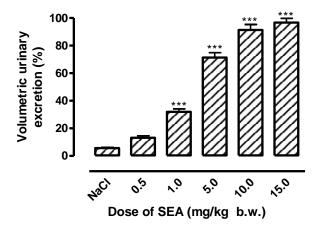
Thirty male Wistar rats were used in all experiments. These rats were divided into 5 equal groups (n = 6/group). After 18 hours of total diet, the rats received 50 ml/kg of body weight (b.w.) distilled water orally before treatments. The dose-response study was carrying with the aqueous extract of Bridelia ferruginea, furosemide, hydrochlorothiazide spironolactone. Those substances administrated intraperitoneally to the rats. According Gallez et al. [9], the intraperitoneal administration in rat presents high absorption rate compared to oral administration. This administration mode provides better bioavailability of the test substance in animals. All reference drugs were purchased from pharmacy. The animals in the control group were received intraperitoneally saline solution at the dose of 9 %. The rats were placed in metabolic cages (one in each cage) specially designed to separate the urine and feces and maintained at room temperature. The urine volumes were determined after 24 hours to determine the average diuretic activity (DA<sub>50</sub>) of all substances and these doses are used to study the speed of the elimination of the water overlaod in male rat after eight (08) hours.

#### 2.5 Statistical Analysis

The statistical analysis was performed using one-way analysis of variance (ANOVA) of the multiple test of comparison of Tukey-Kramer. The level of significance was determined in comparison with the control group. p<0.05 was considered significant. All values are expressed as mean  $\pm$  SEM.

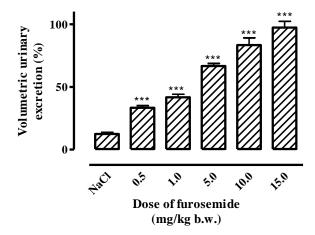
#### 3. Results and Discussion

The intraperitoneal injection of SEA, at doses ranging from 0.5 to 15 mg/kg b.w. increases diuresis in rat. For doses ranging 1 to 15 mg/kg b.w., SEA produces relatively large urinary volumes respectively of  $16 \pm 1.07$  and  $48.33 \pm 1.56$  ml/kg/24 hours of b.w. corresponding at the volumetric urinary excretions of  $32 \pm 2.13$  % (p<0.001) and  $96.67 \pm 3.13$  % (p<0.001) (Figure 1).



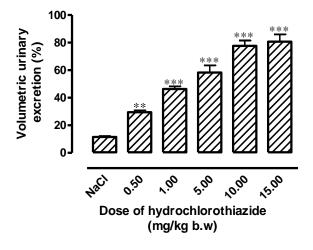
**Figure 1.** SEA effect on the urinary volumetric excretion. Values are expressed as mean  $\pm$  SEM, \*\*\*p<0.001, n = 6.

In rat treated with furosemide at doses ranging from 0.5 to 15 mg/kg b.w., the urine volumes significantly (p<0.001) increased. The increase in the urinary volumes excreted in rats treated with the furosemide as SEA is dose-dependent. For doses between 0.5 and 15 mg / kg b.w., urine volume excreted varies from 16.66  $\pm$  0.88 to 48.67  $\pm$  2.5 hours ml/kg/24 hours b.w.. Changes in urinary volume as a function of increasing doses of furosemide allows to determine an DA50 to 10 mg/kg b.w. (Figure 2).



**Figure 2.** Volumetric urinary excretion in rat treated with furosemide. In the presence of furosemide, the DA<sub>50</sub> is 10 mg/kg b.w. (mean  $\pm$  SEM, \*\*\*p<0.001, n = 6).

After the hydrochlorothiazide administration at the doses ranging from 0.5 to 15 mg / kg b.w. in rat, the urine volumes were respectively from 14.75  $\pm$  0.70 (p<0.05) to 40.33  $\pm$  2.64 ml/kg/24 hours of b.w. (p<0.01). At those doses, the volumetric urinary excretions were significantly increased from 29.5  $\pm$  1.41 % to 80.67  $\pm$  5.28 % (Figure 3). In animal treated with hydrochlorothiazide, the DA $_{50}$  was of 15 mg/kg b.w.

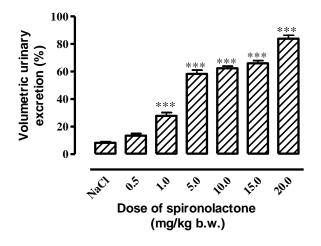


**Figure 3.** Effect of hydrochlorothiazide on volumetric urinary excretion. (Mean  $\pm$  SEM, \*\*p<0.01, \*\*\*p<0.001, n = 6).

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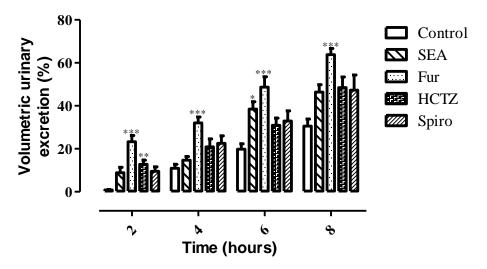
With the spironolactone, the doses ranging from 0.5 to 20 mg / kg b.w. were used in rat. Those doses provoke a significantly increase of the urine volumes and induced respectively the volumetric urinary excretion from 27.83  $\pm$  2.43 % to 83.80  $\pm$  2.5 % (Figure 4). The DA $_{50}$  obtained with that substance was 20 mg / kg b.w.



**Figure 4.** Spironolactone effect on volumetric urinary excretion in rat. All values are expressed as mean  $\pm$  SEM, \*\*\*p<0.001, n = 6.

After the determination of different DA<sub>50</sub>, the doses corresponding to these values are administered to rats. The effects of these doses were observed for eight hours and urinary volumes were measured every 2 hours (Figure 5). The aqueous extract of *Bridelia ferruginea* accelerates the elimination of water overload significantly (p < 0.05) and produces urinary volume of 19.22  $\pm$  1.72 ml/kg in rat at 6 hours after its administration compared to control (9.89  $\pm$  1.28 ml/kg). This elimination induces by SEA is lower than that of furosemide (24.33  $\pm$  2.43 ml/kg vs 9.89  $\pm$  1.28 ml/kg).

The study shows that the aqueous extract of *Bridelia ferruginea* (SEA) has significant and dose-dependent diuretic activity in rats. This result was similar to those observed with *Urtica dioica* [10], *Lavandula officinalis* [11], *Cocculus hirsutus* [12], *Spilanthes acmella* [13], *Steganotaenia araliacea* [14], *Retama raetam* [15], and *Karavi Panchaka* [16], which induce an increase of the urine output. With SEA, the volume of urine excreted was significant, but that effect was lower than that of furosemide. The kinetic of water overload elimination in rat shows that SEA provokes significant diuresis. The finding is comparable for these observed with *Lavandula officinalis* [11].



**Figure 5.** Elimination of overload in rats treated with SEA, furosemide, hydrochlorothiazide and spironolactone. Mean  $\pm$  SEM, \*p<0.05, \*\*p<0.01, \*\*\*p<0.001, n = 6.

The increase in urinary excretion induced by SEA could be due either to a direct effect on the active components of the transport, or an indirect effect by a modification of the oncotic and hydrostatic pressures in peritubular capillaries [17, 18].

# **4 Conclusions**

The effects of the aqueous extract of *Bridelia* ferruginea on diuresis was higher than those obtained with the hydrochlorothiazide and the spironolactone, but lower than that of furosemide.

These results suggest that the aqueous extract of *Bridelia ferruginea* induces a diuretic response. These findings support the traditional use of this plant.

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